

2026 Cheryl's Run Route Map



STEPS

- Start at Event site and head left going toward Quesnell bridge
- Keep to path, keep right through traffic barrier towards Quesnell bridge
- Loop around flower bed just before switchback and head into lower trail where you'll stay
- Kids can come in at approx 2k back into event site off lower trail. 5k & 10 k keep going along lower trail
- Keep on lower trail past boat launch and head towards Yorath house where you'll find the water station at just over 2k The 10 k runner will pass this water station again on 2nd loop
- Keep to lower trail, passing Edmonton Rowing Club dock, keeping right all the way toward Hawrelak bridge.
- Turn from lower trail to upper trail **right before** the Hawrelak bridge and head all the way back to the finish along the upper path.
- 5 K runners come in exactly where you started!
- 10 K runners do loop twice and come in at start point too!